

The HUB @ Victoria Park & Eglinton

A vision for Community Partnership

Y



Better Living Health and Community Services has been providing programs and services to support individuals, families and communities in living healthy, happy and independently. Services include Community Care, Long-term Care, snow removal, grocery gate. Please Contact us at 416-447-7244 ext. 541

www.betterlivinghealth.org



The East Toronto Chinese Baptist Church is a warm and welcoming community that enables people to share experiences and grow as they journey together. ETCB is looking to support groups and the community itself. For further information please contact 416-750-9600



CANADIAN CENTRE FOR VICTIMS OF TORTURE

The Canadian Centre for Victims of Torture aids survivors to overcome the lasting effects of torture and war.

CCVT provides settlement services, children & youth services, mental health services, and volunteer opportunities available.

OUR PARTNERS



United Way
Toronto



REH'MA's mission and prime objective is to improve the quality of life for Muslim seniors, women, and newcomers to Canada

For further information, please contact us at: 416-510-0880. Fax: 647-723-0388.

E-mail: rehma@rehma-cs.org



FAMILY SERVICE TORONTO

For People. For Change.

For close to 100 years, we have been assisting families and individuals through counseling, community development, and advocacy.

Violence against women Services are provided in Tamil. Please contact 416-595-9618 for further information.

www.familyserVICEToronto.org



ANC provides opportunities for residents to meet, to identify and address neighbourhood priorities and to connect residents to services, programs and opportunities. For Information Contact: Diana, Community Engagement Coordinator

,vvanc @workingwomenc.org



Where choices change the lives of people with an intellectual disability

Community Living Toronto has been a source of support for thousands of individuals with an intellectual disability searching for accessible and meaningful ways to live in the community.

You can visit us online at www.communitylivingtoronto.ca

or contact at 647-426-3219 ext 3220

The HUB @ Victoria Park & Eglinton

1527 Victoria Park Avenue, 2nd Floor

Toronto, ON M1L 2T3 (416) 750-9600

**The Hub @ Victoria Park Ave. & Eglinton Ave. E. Calendar of Events
May 2011**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 The Hub Orientation 10am-11am</p> <p>Yoga Program – <i>Registration Required</i> 12pm – 1.30 pm</p> <p>Computer lab 1.30pm – 3.30pm</p>	<p>3</p>	<p>4 Plan Toronto: Making Sound Decisions Seminar 6:45 pm– 8:30pm Community Living Toronto The Hub Orientation 2pm – 3pm</p>	<p>5 <i>Computer Lab Drop In 3pm-5pm</i> <i>English Conversation & Homework Club Drop In Residents Space</i> 4pm -5.30pm</p> <p>Free Spanish classes 6pm – 7:30pm (For Victoria Village Residents)</p>	<p>6 Diabetes Workshop: Diabetes Prevention 12:00pm – 2:30pm</p>
<p>9 The Hub Orientation (Volunteer)10am-12pm</p> <p>Yoga Program – <i>Registration Required</i> 12pm – 1.30 pm</p> <p>Computer lab 1.30pm – 3.30pm</p>	<p>10</p>	<p>11 The Hub Orientation 2pm – 3pm</p>	<p>12 <i>Computer Lab Drop In 3pm-5pm</i> <i>English Conversation & Homework Club Drop In Residents Space</i> 4pm -5.30pm</p> <p>Free Spanish classes 6pm – 7:30pm (For Victoria Village Residents)</p>	<p>13 Better Living : Healthy Life Style Cooking Program -11.30am-1.30pm <i>Pre registration required</i></p> <p>Diabetes Workshop: Intro to South Asian Diabetes Prevention 12:00pm – 2:30pm</p> <p>Community Movie Nights 5:30pm- 8:30pm Open Season 3</p>
<p>16 The Hub Orientation 10am-11am</p> <p>Yoga Program – <i>Registration Required</i> 12pm – 1.30 pm</p> <p>Computer lab 1.30pm – 3.30pm</p>	<p>17</p>	<p>18 The Hub Orientation 2pm – 3pm</p> <p>Plan Toronto: Nurturing Friendship Seminar 6:45pm – 8:30pm Community Living Toronto</p>	<p>19 <i>Computer Lab Drop In 3pm-5pm</i> <i>English Conversation & Homework Club Drop In Residents Space</i> 4pm -5.30pm</p> <p>Free Spanish classes 6pm – 7:30pm (For Victoria Village Residents)</p>	<p>20 Diabetes Workshop: Early Detection Clinic 12:00pm – 2:30pm</p>
<p>23 <u>Victoria Day</u> <u>Holiday</u></p>	<p>24</p>	<p>25 The Hub Orientation (Volunteer) 4.30pm – 6.30pm</p>	<p>26 <i>Computer Lab Drop In 3pm-5pm</i> <i>English Conversation & Homework Club Drop In Residents Space</i> 4pm -5.30pm</p> <p>Free Spanish classes 6pm – 7:30pm (For Victoria Village Residents)</p>	<p>27 CCVT;Housing & Tenant Rights 10.30am – 12pm <i>Drop In</i></p> <p>Diabetes Workshop: Diabetes Prevention 12 pm– 2:30pm</p> <p>Community Movie Nights 5:30pm- 8:30pm Rango</p>
<p>30 The Hub Orientation 10am-11am</p> <p>Yoga Program – <i>Registration Required</i> 12pm – 1.30 pm</p> <p>Computer lab 1.30pm – 3.30pm</p>	<p>31</p>			